

Divine Guidance: Listening to the Inner Voice



“What we want to do is contact the Voice of God, which is the Holy Spirit, the ECK. This Voice of God can be known through the Light and Sound that uplifts us so we can reach into the high states of spiritual consciousness. No longer bound by the hand of destiny, we then become spiritually free to mark our own course for this lifetime and into the worlds beyond.”

—Harold Klemp, *Touching the Face of God*, p.123

Texas ECK Soul Adventure Seminar
August 11–13, 2023 • Dallas, Texas

Friday Evening, August 11

Registration: 6:00–9:00 p.m.



All Attendees 6:00–7:00 p.m. Foyer D

Seminar Get-Together: Talk and Connect!

Stop by this informal get-together for fun and fellowship! We ask that parents or guardians always remain with their youth.



Guest Event 7:00–8:30 p.m. Longhorn 3–4

Unlocking Your Spiritual Guidance through Dreams, Past Lives, and Soul Travel

MC: Valerie Tom

What is Eckankar?—Mitziani Daufen

Personal Experiences with Dreams, Past Lives, and Soul Travel—Enope Audu, Steve Golub, and Mitziani Daufen

Group discussions (in English and Spanish)

How Past Lives, Dreams, and Soul Travel Unlock Spiritual Guidance—Emmanuel Ndu-Chi Sonime, Doug Krueger, and Ochuko Ogbon

Becoming the Song (slideshow)

The HU and Its Benefits—Valerie Tom

Getting Answers in Dreams (Spiritual Exercise of ECK)—Mitziani Daufen

Dream Journeys and Spiritual Experiences

Sri Harold Klemp, the spiritual leader of Eckankar (video excerpt)

Welcome to Eckankar!

Seminar Featured Speaker Henry Alapiki

Next Steps in Eckankar—Valerie Tom



ECK Members 7:00–8:30 p.m. Salon A, B, C
Volunteer Meeting

Become a Light to the World

MCs: Dona Adisso and Alban Beheton

Reading and HU Song—Phil Grundy

Welcome—Christie Kay, RESA, TX and OK

Creative arts

Giving to Others: Overflowing Joy—Oludare Adeyeri, Josephine Wisniewski, and Gary Stipe

Why the ECK Master Clears Our Path

Sri Harold Klemp (video excerpt) followed by turn-to-your-neighbor sharing

Facing Ourselves—The Nature of Truth

Seminar Featured Speaker Henry Alapiki

2023 Texas ECK Campout video

Volunteer opportunities—May Ogbon

HU Song—Adeola Adebesein

Invitation to serve—Phil Grundy



All Attendees 8:40–9:30 p.m. Salon A, B, C
Sing-Along

Saturday Morning, August 12

Registration: 8:30 a.m.–7:30 p.m.

Art Gallery Tour: 9:00–9:30 a.m.

Longhorn 2

ECK Members—**HU Song**: Thom Love, 9:15 a.m. Salon D

ECK Members—Slideshow of the dedication of the

ECK Temple of South Texas: 9:45–10:00 a.m. Salon D



ECK Members 10:00–11:40 a.m. Salon D
Eagles in ECK Initiates Meeting

MCs: Olusola Komolafe and Richard Osuamkpe

Welcome—Christie Kay, RESA, TX and OK

HU Song—Rena Doering

ECK in Texas in “Year of the ECK Teacher”

Laura Adams, Cathy Levandowski, Caran Wysong, and Phil Grundy

Creative arts

The Golden Vahanas: Lighting the Way for Others

Esther Uyanna, Alford Daley, Linda Harris, and Mitziani Daufen

Powerful Keys to Consciousness

Sri Harold Klemp (video excerpt) followed by turn-to-your-neighbor sharing

Creative arts

The Whisper of God: Learn to Listen, Listen to

Learn—Featured Seminar Speaker Henry Alapiki

The Mahanta, Your Lifeline to Inner Guidance

Christie Kay, RESA, Texas and Oklahoma

HU Song—Christie Kay



Guest Event 10:30–11:15 a.m. Salon A, B, C
Evento para invitados

Ask Questions and Talk! ¡Charla y Preguntas!



All Attendees 11:45 a.m.–noon Salon D

Slideshow of the dedication of the ECK Temple of South Texas

Saturday Afternoon, August 12



All Attendees 1:30–3:00 p.m. Salon D
Featured Workshop

MC: Ogbarode Ogbon

Getting Your Own Answers from God

Featured Speaker Henry Alapiki, RESA, Nigeria; and Christie Kay, RESA, Texas and Oklahoma



ECK Members Ages 18–40
3:15–4:45 p.m. Bluebonnet Room, 2nd floor
Young Adult Workshop

Finding Oneself in the Cloak of ECK

Ama Buowari, Fareedat Bello, and Ifechi Nduka

Saturday Afternoon, August 12

Roundtables 3:30–4:30 p.m.



All Attendees

Salon A, B, C

- At a Crossroads—Following Your Inner Guidance
- You Are Never Alone on Your Journey Home to God
- The Spiritual Side of Family and Relationships
- Finding Spiritual Grace in Daily Challenges
- Exploring the Secrets of Divine Creativity
- Getting Over the Fear of Death
- Accepting God's Love—Accepting God's Will
- Dreams, ECK Masters, and You



Mesa redonda en español para todos los asistentes

Cactus 2do. piso

- Supera el miedo a la muerte



H.I. Members (ECK ID required) Salon D

- The Middle Path: Staying Calm, Staying Balanced
- Never Ever Give Up Your Goal of God Consciousness
- Let Love Enter Your Heart without Compromise
- The Key to Liberation: Soul's Pure Desire for God
- The Mahanta Is My Heartbeat

Saturday Evening, August 12



All Attendees
Main Program

7:00–9:00 p.m. Salon D

MCs: Erica Proffer and Ifeanyi Mendi Onwusogbulu

You Are Soul, Divine and Free

Kosi Onwusogbulu, Nathan Carr, and Patti Dobrowolski

Creative arts

Living in Harmony with Spiritual Laws

Chris Ameshi and Fred Okonta

The Miracle of HU—Bud Mayr

Dream Prophecy Brings Spiritual Guidance

and Protection—Sri Harold Klemp (video excerpt)

followed by turn-to-your-neighbor sharing

Break

Creative arts

Divine Guidance: Listening to the Inner Voice, Part 1

Featured Speaker Henry Alapiki, RESA, Nigeria



Guest Chat 9:15–10:00 p.m. Salon A, B, C
Charla para invitados

Discover Your Own Soul Adventure in Eckankar
Descubre tu propia aventura del Alma en Eckankar



All Attendees
Dance

9:15–11:00 p.m. Salon D

Sunday Morning, August 13

Registration: 8:30 a.m.–10:00 a.m.



All Attendees—**HU Song**: Bonny Audu

8:00–8:30 a.m. Salon D



ECK Members

8:45–9:45 a.m.

Vahana Meeting Bluebonnet Room, 2nd floor

Spiritual Discussions 8:50–9:40 a.m.



All Attendees

Salon A, B, C

- How Do You Experience God's Love?
- The Key to Being Conscious
- Being of Service to Life
- HU, a Tool for Spiritual Healing
- What Is the Key to Overcoming Fear?
- Soul, the Wonder of You
- Unwinding Karma: Mastering Your Spiritual Destiny
- Spiritual Freedom: Every Moment to Its Fullest



Diálogo espiritual en español para todos los asistentes

Cactus 2do. piso

- HU, una herramienta de curación espiritual



All Attendees
Main Program

10:00–11:00 a.m. Salon D

MC: Okite Obakponovwe

HU Song

Creative arts—ECK youth choir

Walking with the Mahanta—ECK youth panel

Chab Kahungu, Emannuella Oshodi, Fibe Selormey, and Geoff Hambrick

Spiritual Next Steps—Mitziani Daufen

Divine Guidance: Listening to the Inner Voice, Part 2

Featured Speaker Henry Alapiki, RESA, Nigeria



All Attendees

11:30 a.m.—2:00 p.m.

You are warmly invited to the open house at the ECK Temple of North Texas. (Please see the next page.)



Youth Activities

Youth Seminar and Registration Sign-in/Sign-out

Longhorn 3–4

Saturday:

Youth 5–12

Longhorn 3–4

9:00–11:45 a.m. | 1:15–5:00 p.m. | 6:45–9:00 p.m.

Youth 13–17

Mockingbird Room, 2nd floor

9:00–11:45 a.m. | 1:15–5:00 p.m. | 6:45–9:00 p.m.

Sunday:

Youth 5–17

Longhorn 3–4

8:30–9:30 a.m. | 10:30–11:00 a.m.



Henry Alapiki is the Regional ECK Spiritual Aide (RESA) for Nigeria. His deep love for the teachings of Eckankar began over forty years ago while a university student. That love has turned his life into an exciting spiritual adventure.

He is ever on the move to share the practical applications of the ECK principles. Also, the value of working with the Mahanta, the Living ECK Master. He has traveled widely across several parts of the world, facilitating workshops and giving talks at Eckankar seminars.



ECK Temple Open House

You're Invited

Sunday, August 13, 2023
11:30 a.m. to 2:00 p.m.

Come and enjoy casual fellowship. Welcoming hosts will answer questions and offer personal show-and-tell tours of the facility. The Temple is a friendly and relaxed place for all who love God. We respect all faiths, so come as you are!

Light refreshments
will be provided.

Directions

From: Hilton Richardson Dallas Hotel, 701 E. Campbell Rd. to:
ECK Temple of North Texas
650 W. Campbell Rd.
Richardson, Texas 75080
(at the corner of Bunker Hill)



From the hotel, turn right (west) onto E. Campbell Rd. (E. Campbell will turn into W. Campbell when you pass under I-75).

Drive for about 1.7 miles until you reach the corner of W. Campbell and Bunker Hill. Turn right onto Bunker Hill then immediately left into the Temple parking area.



Want to Expand Your ECK Soul Adventure?

Explore the Advanced Spiritual Living Courses at the Easy Way Table in the registration area. The courses can bring you personal transformation from the moment you begin.

Spiritual Services Table

Saturday: noon–5:00 p.m.

Foyer D

You may request an ECK Spiritual Aide session or ECK initiation here.

Services for the Deaf will be provided on the left side of the audience rows at the front of Salon D. Request services at Registration Table.

Youth Activities information can be found on page 3.

Fellowship Room

Regency Rooms 1–2, 17th floor

Visit this room for relaxing fellowship, spiritual discussion, and snacks.

Saturday: 9:00 a.m.–3:00 p.m.

Enjoy ECK Art Creations...by Adults and Youth

Longhorn 2

Art gallery tour

Saturday: 9:00–9:30 a.m.

Visit the Art & Book Room

Longhorn 2

Hours: Saturday: 9:00 a.m.–1:00 p.m. | 3:00–7:00 p.m. | 9:00–10:00 p.m.
Sunday: 8:30–10:00 a.m. | 11:00–11:30 a.m.

First Floor

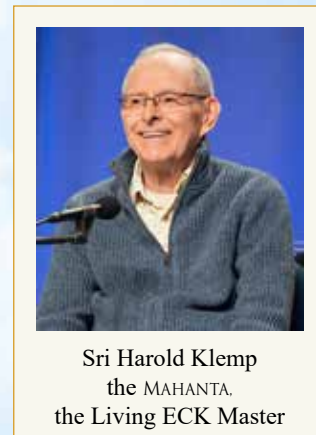


Second Floor



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Divine Guidance: Listening to the Inner Voice

Quotes: Contemplation Seeds for Seminar Events

“What we want to do is contact the Voice of God, which is the Holy Spirit, the ECK. This Voice of God can be known through the Light and Sound that uplifts us so we can reach into the high states of spiritual consciousness. No longer bound by the hand of destiny, we then become spiritually free to mark our own course for this lifetime and into the worlds beyond.”

—Harold Klemp, *Touching the Face of God*, p. 123

Friday Evening

Seminar Get-Together: Talk and Connect!

“Spiritual unfoldment begins where you are today.”

—Harold Klemp, *How to Find God*, Mahanta Transcripts, Book 2, p. 328

Guest Event

Unlocking Your Spiritual Guidance through Dreams, Past Lives, and Soul Travel

“You’ll hear others tell a compelling story about a past life, a dream, or a Soul Travel journey that reveals the all-caring nature of God’s love. This love works wonders.”

—Harold Klemp, *Past Lives, Dreams, and Soul Travel*, p. xiii

Member Event Volunteer Meeting

Become a Light to the World

“The ECK is the root and background of all life, all religions and daily living. It is the principle by which all life, the entire universes of God go forward. It is truth, and it is beauty.”

—*Shariyat-Ki-Sugmad*, Book 2, pp. 101–102

Giving to Others: Overflowing Joy (panel)

“As we give of ourselves, of our patience and love, to someone who needs it, something changes inside us. Something flows in, a flow of good feeling.

“A spiritual upliftment occurs both in us and in the person receiving the love.”

—Harold Klemp, *The Awakened Heart*, p. 15

Friday Evening

Member Event Volunteer Meeting

Facing Ourselves—The Nature of Truth (talk)

"No matter what path you are on or what faith you follow, be the best there is in it, be the cream of the crop. Because until you are that, you haven't learned the lessons that you need to learn; and until they are learned, you will not be able to graduate to the next step and learn the greater truth."

—Harold Klemp, *ECK Wisdom on Inner Guidance*, p. 54

Saturday Morning

Member Event Eagles in ECK Members Meeting

The Whisper of God: Learn to Listen, Listen to Learn (talk)

"In all things it is to our advantage to listen to the ECK, a sure guide.

"Will all then go 'right'? If your viewpoint is housed in the human consciousness, you will appear to win out over some quandaries but lose out to others. Let your viewpoint be centered in the spiritual realm, however, and you realize that every experience is for your good. The ECK is giving you vital experiences to expand your state of consciousness."

—Harold Klemp, *ECK Wisdom on Inner Guidance* p. 42

The Mahanta, Your Lifeline to Inner Guidance (talk)

"That's how it works with the Inner Master. You ask for guidance and direction, but then you do what you have to do. Fifty percent is with the Inner Master, and 50 percent is with you."

—Harold Klemp, *ECK Wisdom on Inner Guidance* pp. 30–31



Guest Event Ask Questions and Talk!

"HU is a name for God. Sing it to yourself, but first fill your heart with love.

"When you're having any kind of trouble and you want an insight into what you can do or an understanding to get through the problem, sing the song of HU.

"It has the power of God, and it has the love of God."

—Harold Klemp, *The Sound of Soul*, p. 38

Evento para invitados ¡Charla y Preguntas!

"HU es el nombre de Dios. Cántalo para ti mismo, pero primero llena tu corazón de amor.

"Cuando estas enfrentando cualquier tipo de problema y quieres saber cómo puedes resolverlo, canta la canción de HU.

"Tiene el poder de Dios, y tiene el amor de Dios."

—Harold Klemp, *El Sonido del Alma*, pág. 38

Saturday Afternoon

Featured Workshop Getting Your Own Answers from God

"If we shut our eyes in contemplation, listen, and wait for God to speak to us, we begin to see how listening is true prayer, prayer of the highest sort. Mostly, true prayer is listening to God.

"It is a whole different approach. Through spiritual exercises and this contemplative effort, we learn to listen to the Voice of God. The Voice of God is the Holy Spirit, which we call the ECK."

—Harold Klemp, *The Call of Soul*, p. 25

Young Adult Member Special Event Finding Oneself in the Cloak of ECK (workshop)

"In finding himself, man turns his consciousness to the Mahanta, and allows the Living ECK Master to fill it. By doing so he passes through the limitations of the little self into the nonlimitations of the Sugmad Consciousness."

—*The Shariyat-Ki-Sugmad*, Book One, p. 218



Saturday Evening

Main Program

You Are Soul, Divine and Free (panel)

"Light and Sound, just like the rain and the wind, come to everyone equally and alike. But some people benefit more than others.

"It's up to you in your state of consciousness.

"And your state of consciousness depends upon whether or not you care enough to open yourself to this inner guidance of Divine Spirit so that you can have some of the experiences that are necessary to break through this hard human shell.

"The search for God requires a deep yearning. Soul hears the Voice of God and wants to return to Its home in heaven. In the meantime, it's up to Soul, in one way or another, to find a path that gives the help It needs to take this step.

"When you graduate from one level of education in the spiritual works, God provides a step, then another and another."

—Harold Klemp, *ECK Wisdom on Inner Guidance*, pp. 53–54

Living in Harmony with Spiritual Laws (talk)

"We begin to have experiences with the Light and Sound of God, and then we develop a greater understanding of the spiritual laws of life. Knowing these laws, we can then make our own life easier."

—Harold Klemp, *The Dream Master*, Mahanta Transcripts, Book 8, pp. 139–140

Saturday Evening

Main Program

The Miracle of HU (talk)

"The Light and Sound are the Voice of God, the expression of God's love for us. They comprise the whole of God's love. Together, they are what religion calls the Holy Spirit....

"A word to help open your heart to God's love is *HU*. It is an ancient, sacred name for God.

"Sing it with love as you look and listen within."

—Harold Klemp, *The Sound of Soul*, pp. 72–73

Divine Guidance: Listening to the Inner Voice, Part 1 (featured speaker talk)

"What we want to do is contact the Voice of God, which is the Holy Spirit, the ECK. This Voice of God can be known through the Light and Sound that uplifts us so we can reach into the high states of spiritual consciousness. No longer bound by the hand of destiny, we then become spiritually free to mark our own course for this lifetime and into the worlds beyond."

—Harold Klemp, *Touching the Face of God*, p. 123

Guest Chat

Discover Your Own Soul Adventure in Eckankar

"So how do you begin the adventure of exploring your spiritual worlds? There is a universal force that operates in the background of our lives to establish harmony.

"It is the ECK, otherwise known as the Audible Sound Current, the Holy Spirit, the Voice of God, and as the Light and Sound of God."

—Harold Klemp, *The Art of Spiritual Dreaming*, p. 16

Charla para invitados

Descubre tu propia aventura del Alma en Eckankar

"Así que, ¿cómo empiezas la aventura de explorar tus mundos espirituales? Hay una fuerza universal que opera en el trasfondo de nuestra vida para establecer la armonía.

"Se trata del ECK, conocido también como la Corriente Audible del Sonido, el Espíritu Santo, la Voz de Dios y como la Luz y el Sonido de Dios."

—Harold Klemp, *El Arte Espiritual de Soñar*, pág. 18

Sunday Morning

HU Song

"The Spiritual Exercises of ECK are simple contemplations; in a way they are equivalent to prayer.

"Most people are used to prayers that ask something of God. They are used to telling God, 'Do this for me. I want health. My finances aren't going very well; I need wealth.'

"In contemplation we shut our eyes, listen, and wait for God to speak to us. It's a whole different approach. Through the spiritual exercises and this contemplative effort, we learn to listen to the Voice of God. The Voice of God is the Holy Spirit, which we call the ECK."

—Harold Klemp, *Love—The Keystone of Life*, p. 35

Sunday Morning

Spiritual Discussions

How Do You Experience God's Love?

"It's very popular on television to talk about the Light, but people don't know about the other aspect, the Sound. In Its fullest sense, this Voice of God is the Holy Spirit. God speaks to us with Its voice—the Holy Spirit—in one way or another.

"Often we don't recognize God's help—which usually means God's love. We don't recognize it, but other people see it in us."

—Harold Klemp, *Truth Has No Secrets*, p. 47

The Key to Being Conscious

"The water of life is in fact the ECK, the Light and Sound of God. Drink all of It. Visualize the Light and Sound acting gently upon you. Once you drink of this cup, you will never again thirst for a lesser drink. You will always want these pure waters of heaven."

—Harold Klemp, *ECK Wisdom on Dreams*, p. 53

Being of Service to Life

"The most direct, yet most fulfilling, path to the Kingdom of God is still love. It is the beginning and ending of all things.

"The path of ECK, then, provides the way for us to receive the joy of God into our hearts and lives. Even so, we must return this holy love to all life. No matter how far we venture into the uncharted reaches of God, we find it to be the endless journey."

—Harold Klemp, *ECK Wisdom on Dreams*, p. 72

HU, A Tool for Spiritual Healing

"We squeeze what we can out of life. We do it through the ability to tune in to Divine Spirit, or the ECK, by singing HU. This is how we come in contact with It.

"Not that God lifts our difficulties and our burdens, but God shows us the way to get through them while learning the lessons needed to give us strength. In this way, we become strong enough to walk the road that takes us back home to God."

—Harold Klemp, *Touching the Face of God*, p. 132

What Is the Key to Overcoming Fear?

"Dreams can help you in your daily life. They can help you see what's coming; they can help you see why things are as they are. You'll find you were a key player in the circumstances that brought the situations you find yourself in today."

—Harold Klemp, *ECK Wisdom on Dreams*, p. 63

Soul, The Wonder of You

"You are Soul—an eternal, individual spark of God, who can never die. Each person is a divine being who comes to life on earth with a spiritual purpose. Lifetime after lifetime, Soul grows in love and grace, ultimately to become a Co-worker with God.

"A lifetime is a previous gift, an opportunity for spiritual growth and service to others. Most of all, life brings Soul the purity of love, compassion, and grace."

—Harold Klemp, *ECK Wisdom on Life After Death*, p. 8

Sunday Morning

Spiritual Discussions

Unwinding Karma: Mastering Your Spiritual Destiny

“The choices don’t just happen. You make them. If you make a series of right choices, they will spiritualize you. In ECK, this upliftment comes through the Spiritual Exercises of ECK.”

—Harold Klemp, *The Secret of Love*, Mahanta Transcripts, Book 14, p. 44

Spiritual Freedom: Every Moment to Its Fullest

“At least once a day, let the Sound and Light of God enliven you with spiritual impulses. Gently chant *HU*, and the silent wind of God will enter the sacred temple of consciousness in the heart.

“Once tensions relax, it is just moments until the healing current of Spirit begins to restore you.”

—Harold Klemp, *The Sound of Soul*, p. 60

Diálogo espiritual en español

HU, una herramienta de curación espiritual

“Canta HU todos los días. Comenzarás a vibrar en sintonía con la Corriente Sonora. Una vez que entras en el ritmo de la vida, te *conviertes* en la canción misma del HU.”

—Harold Klemp, *Las Leyes espirituales de la vida*, pág. 43

Main Program

Walking with the Mahanta (youth panel)

““To get true inner guidance, give God, the Mahanta, and yourself the purest love. And do your spiritual exercises in the same spirit of love.”

—Harold Klemp, *The Wonder Within You*, p. 134

Divine Guidance: Listening to the Inner Voice, Part 2 (featured speaker talk)

“Consciousness is something we all feel we have. But we often demonstrate that we don’t have any idea what consciousness really is or how to open ourselves to divine love. Once we can open ourselves to God’s love, we find that the answers come to us through God’s Voice, the Holy Spirit, which we know as the ECK.

“And how does God speak to us? God speaks through dreams, intuition, and sometimes the voices of other people who have more experience than we do. But unless we have opened our heart through singing *HU*, we won’t have the discrimination to know wisdom when we hear it.

—Harold Klemp, *The Drumbeat of Time*, Mahanta Transcripts, Book 10, p. 185



For more information about Eckankar, please visit...

Main Eckankar website: eckankar.org

Texas Eckankar website: eckankar-texas.org

ECK Temple of North Texas

650 West Campbell Road ♦ Richardson, TX 75080 ♦ 972-530-3473

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