

## 2024 ECK Youth Program for Ages 13–17

### Texas ECK Soul Adventure Seminar: *Dreams—Your Source of Spiritual Guidance*

#### —Saturday Morning—

Mockingbird Room (2<sup>nd</sup> Floor)

ECK youth leaders: Samantha Lee and  
Kosi Onwusogbulu

9:00–9:10 a.m. - Welcome and HU Song

9:10–9:30 a.m. - Introduction Circle: share our names  
& something we enjoy doing

9:30–10:30 a.m. - Dream Journals Activity: share types  
of dreams we have and ways to record them;  
personalize your own dream journal

10:30–10:55 a.m. – Crossword Puzzle: work as a group  
to solve the puzzle

11:00–11:30 a.m. – Song Practice, “Each Step”:  
Led by Katie and Susanna, with Rich Miller  
*In Longhorn Room (3&4)*

11:45 a.m. – Lunch Break

#### —Saturday Afternoon—

Mockingbird Room (2<sup>nd</sup> floor)

ECK youth leaders, Samantha Lee, Adanma  
Onwuchekwa, and Kosi Onwusogbulu

1:00–1:10 p.m. – Welcome and HU Song

1:15–2:15 p.m. – Jeopardy, test your ECK knowledge

2:15–2:45 p.m. – Bingo: key words related to the theme, “Dreams—Your Source of Spiritual Guidance”

2:45–3:00 p.m. – Visit the Art Gallery

3:00–3:30 p.m. – Song rehearsal, “Each Step”, led by Katie and Susanna, with Rich Miller

3:45–4:30 p.m. – ECK Youth Forum, led by Tony Stone and Fibe Selormey, ECK youth rep for Texas  
Topic: *“Understanding Your Dreams”*

## **—Saturday Evening—**

Mockingbird Room, then Main Hall  
ECK youth leaders: Samantha Lee, Adanma Onwuchekwa, and Kosi Onwusogbulu

7:00–7:10 p.m. – Welcome and HU Song

7:10–7:50 p.m. – Origami creativity, led by Lucy Erda

7:50–8:05 p.m. – Complete origami creations

8:10–9:00 p.m. – Main Program: attend with ECK youth leaders

## **—Sunday Morning—**

Longhorn Rooms 3&4 and main hall  
ECK youth leaders, Samantha Lee, Adanma Onwuchekwa, and Kosi Onwusogbulu

8:35–8:45 a.m. – Welcome and HU Song

8:45–9:25 a.m. – Song rehearsal, “Each Step”, youth ages 5–17

9:30 a.m. – Backstage

10:00 a.m. – Performance on main stage

10:10–11:15 a.m. – Main Program: teens attend with ECK youth leaders

**The Seminar Team Values Your Feedback!**

Please leave your feedback [here](#)